



团建活动 Team Building



不再局限于传统模式，团建有什么新玩法？

来 Club Med 地中海邻境·安吉度假村，一站式体验团建新模式

Club Med Joyview Anji Resort

The Expert of One-Stop MICE Experience



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An aerial photograph of a serene pond surrounded by lush greenery. A wooden bridge with a railing spans across the pond, and two people are walking on it. The water is calm, reflecting the surrounding trees and the sky. Large, round lotus leaves are visible in the pond, particularly on the right side. The overall scene is peaceful and natural.

I 特惠价格 Most Preferred Price

5000元/场(30人以内)

5000yuan/Venue (No more than 30 persons)

(共可选择5个团建小活动，约45分钟)

You Can Choose 5 Team Building Games

30人外额外增加人数：150元/位

30 additional headcount: 150yuan/per person

5个游戏外额外增加游戏：800元/个

5 additional games：800yuan/per game



II 团建游戏 Team Building Games



人体连环 Human Hoop

每位成员必须手牵手并且传递呼啦圈，同时牵着的手不能放掉。如果中途手放掉或者队伍断掉，则取消比赛资格，按照完成任务的先后顺序进行评分。

Participants must link hands and pass through a hula hoop without letting go of each other's hand. If the link is broken, the team is disqualified. The fastest team to complete will be awarded points accordingly.



麻袋比赛 Sack Race

每个人都将被分成小组，每个队伍会得到一个麻袋，每个人都必须穿着麻袋并且跳到指定的地点然后再回到原处，将麻袋传给下一个人，进行接力比赛，一旦所有的人都完成了任务，所有成员必须坐下，最先完成的队伍获胜。

Each team is given a sack and told they have to wear the sack and jump to get to a pre-marked location and then back. Once they return they need to pass the sack to the next person to move on with the team, once the whole team has finished they sit down. First team to finish get the points.



我的领域 Mine Field

队伍成员指引一位蒙着眼睛的队友通过一个有各种不同物品的区域，蒙着眼睛的队员需要每次拿一件物品，放到指定的区域来得到分数，指挥中心会设立在主要的位置，游戏中良好的沟通和团队合作非常的重要。

Team members verbally guide a blindfolded partner through an area (minefield) filled with objects of different values. The blindfolded partner needs to collect the objects one item at a time, and put it into a specific area to gain the points. Discussion centers around the importance of clear, specific communication and feedback, elements of effective coaching and trust in working relationships.



两人三足 3 Legs Race

每个队伍2个人一组，将相邻的脚绑起来，齐心协力一起跑到指定地点并回到原位，然后下一组成员可以出发，进行接力赛。这个游戏需要团队配合默契，最先完成的队伍获胜。

Each team divides into 2 people and two pairs of legs are tied together then the teams have to race to an object and back, this game requires a lot of communication and teamwork for them to move correctly and safely as well as being fast.

肩膀接力 Shoulder Relay

在游戏开始之前，每个队伍需先分配好棒次排成一排，第一位成员将会先由A处跑到B处在跑回来，接着第二棒成员需从背后将双手放在前面成员的肩膀上一同由A处跑到B处在跑回来，以此类推接力进行，直到所有成员一起出发，最快完成获胜。

Before they begin the game, every team need to find who going to be the first and second until the last runner. And they will line up by the numbers. The first person will run from point A to point B and comeback to point A. Second person will hold the first person shoulder with both hands from the back and run together from point A to point B and comeback, they will continue to the next person until finish the last one. The fastest team will win the games.



转圈圈 Circle Around

每个队伍都必须背对着背手挽着手坐在地上，必齐心协力一起站起来，同时收不可以放掉。这个游戏需要大家互相沟通和良好的团队合作。

Each team must sit down and link arms, then they must stand up without breaking the arm link and walk around a course without the arms coming apart, this game requires a lot of communication due to the fact some people will be going backwards and some people will be going sideways.



拔河比赛 Tug of War

参赛者站在绳子的两端，进行拉力拔河比赛。

Participants need to form teams at either end of a rope and pull the other team across a line marked out.



蓄满水池 Fill In The Tank

每个队伍会有一个装满水的箱子，还有一个空箱子，需要想尽一切办法用不同的方式将水运到空箱子中。

Each team are given one full bucket of water and one empty bucket of water and are required to move the water from one bucket to the other using anything they can find but they cannot move the bucket.



疯狂接力赛 Crazy Relay

每位玩家必须依次跑到一根杆子前面并且头抵着杆子转5圈以上，然后回到自己的队伍进行接力，最快完成任务的队伍获胜。

Each participant in turn has to run and spin around a stick for 5 times or more, then run back to their team. The fastest team to complete will be awarded points accordingly.



人体坦克 Human Tank

每队排成一列，并在布纸坦克履带内部行走，从起点走到终点。

Each team make 1 line and need to walk together inside the mattress from one side to another side

人体锁链 Human Chain

全体成员需要利用身体或是身上的服饰来练成最长的锁链，最长的队伍获胜。

All the team participant need to make along chain by holding hand each other or use anything that attach on their body part to make the longest human chain. Longest team is the winner.



鞋子金字塔 Shoe Pyramid

每队利用自己的鞋子打造最高最坚固的金字塔，且最快穿上自己的鞋子的队伍会额外加分。

Each team need to make a pyramid by their shoes. The group that have highest and strong pyramid will get the point. The bonus point will be given if they put on their shoes asap.

讯息传递 Check What you See

每队一位成员有十秒钟记住主持人给的所有物品，接着转达给下一位成员，以此类推传到最后一个成员需要写下就他所知的物品，记住最多项的队伍获胜。

One of the team member is given 10 seconds to look at the items and then has to whisper to the person next to him what they saw, points are awarded for how many items the final player gets correct and also for details items.



搭起水线 Water Bridge

每队需利用小桥来传递球/水，且不能中途掉落球/水。

Each team need to pass the ball / water with the small bridge from one point to another point without dropping the ball / water.

平衡挑战 Balancing Challenge

每队成员手持着绳子使中间的物品保持平衡，从起点走到终点。

One team each member hold the rope from different angle to carry something in the middle and try to put the things from one side to another side without dropping it.



叠叠乐 Stack them UP !

全体成员利用绳索来叠起积木，最快的队伍获胜。

Stack the object without touching it and need to use the rope and pull from different angle to stack the object as high as they can with certain of time.



Ⅲ 比赛项目 Race

(限100人以上 at least 100 Pax)

包村团建

Rental Village Team building

- 仅限于包村项目
- Only can be use when its rental village.
- 最少需100人参加
- Minimum 100 participants.
- Amazing Race 的时长约为120分钟
- The Duration of Amazing Race will be 120 minutes.
- 游戏会布置在全村各个地方
- The games will be setup around the resort.
- 参与者必须先分好队伍
- The clients need to separate their member into group first.
- 全部的队伍将会遵从GO团队（主持人）的线索开始游戏
- All the team will follow clue paper from GO team (host) to start every games.
- Club med Joyview安吉度假村将会提供所有的游戏
- Club med Joyview Anji Resort will provide the games .



饥饿游戏

Hunger Games

- 饥饿游戏类似躲避球的玩法，藉由软式海绵的箭头来进行游玩
- Archery Tag / Hunger game is played similar to dodgeball with our bows and patented foam-tipped arrows.
- 躯干及脸部的护具将由度假村提供
- Body and face protector are provided by the Resort
- 弓及软式海绵的箭头将由度假村提供
- Bow & Soft tip Arrow provided by the Resort
- 室内室外皆可进行
- Can be indoor / outdoor
- 游戏规则会依照队伍及现场状况来调整
- The rules of the game is adjustable by the team and the situation on the field.
- 游戏将会进行三轮
- The game divided into 3 different round of games
- 游戏将会进行三轮
 1. 打靶 Hit the target
 2. 夺旗 Capture the flag
 3. 生存赛 Last man standin



An aerial photograph of a beach with turquoise waves crashing onto a sandy shore. The image is split horizontally, with the top half showing the sand and the bottom half showing the water. A semi-transparent white band runs across the middle, containing the text.

IV 服务案例 Service Case



BYMB 水上瑜伽 Water Yoga



带动跳热场 Warm-up



沙滩狂欢 Crazy Beach



MAX户外 MAX Outdoor



复兴旅文团建 FTG Outing



保时捷 PORSCHE



嘉兴市米兰家具



玛莎拉蒂 MASERATI

• 场地租金 Venue Rental	• 半天/4小时	• 全天/8小时
• 室内空间 (200平方米)	• 13,000元	• 20,000元
• 室内空间 (500平方米)	• 30,000元	• 50,000元
• 户外草坪 (750平方米)	• 8,000元	• 12,000元
• 户外沙滩 (2,000平方米)	• 8,000元	• 12,000元
• 室内场地需根据实际预订情况为准，雨天可做备用场地。 • Indoor venue according to the actual booking, rainy days can be used as a backup venue.		



谢谢
Thank You

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